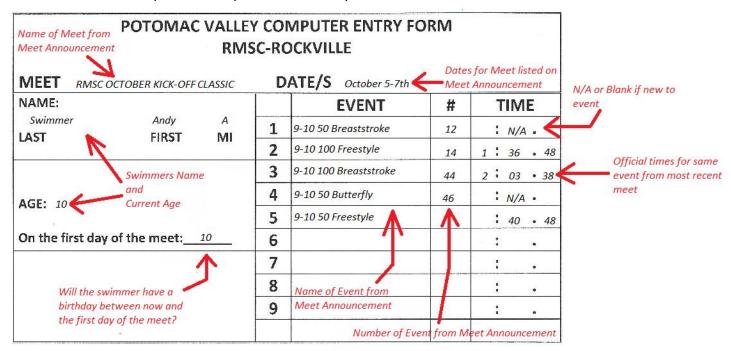
## **How To Enter a Swim Meet**

First, review the Meet Announcement and get a Meet Entry Form. Meet Announcements are posted on the RMSC Bulletin Board in the corridor which leads to South Pool, and meet entry forms are located along side it. Meet Announcements are also posted on <a href="https://www.rmscswimming.com">www.rmscswimming.com</a>). Read over the Meet Announcement for each specific meet and talk to your coach with any questions. Also review the current CHIPS newsletter (available online at <a href="https://www.rockvillemd.gov/rmsc">www.rockvillemd.gov/rmsc</a>), your prior meet results, and other information on a regular basis.



The events that you and your swimmer choose to sign up for in an open event are a choice, however a coach may prompt a swimmer to enter a certain event, based on their performance at practice. Request your meet entry by completing a Meet Entry Form.

Below is an example of a completed meet entry form:



Be sure to fill out each field completely and legibly regarding the meet info, dates, swimmer info and event name and number. Times may be left blank in an open meet if this is the swimmers first time in an event.

Make sure to take note of entry deadlines as well as specific requirements / restrictions for swimming certain events as listed in the Meet Announcement.

Once completed, meet entries must be dropped in the Meet Entry box located under the mini lockers beside the front desk, shown below:



All meet entry fees (individual and relay) will be paid by the RMSC Parents' Club. Meet entry fees will NOT be the responsibility of each swimmer/family.

Make sure to review the finalized meet entries which will be posted on the RMSC bulletin board. Ask your coach if there are any questions. Coaching staff have the discretion to modify swimmer's meet entry requests based on their expertise and knowledge of the swimmer's abilities.

Arrive at the Swim Meet in time for warm-ups and know what events the swimmer should compete in (details on the specific Meet Announcement). Good luck for a great swim!